



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 12/02, 25/03, 15/04, 06/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice 🌱 🍷 🍷	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Raspberry Yoghurt Cake with Fruit 🍏	Carrot, Orange and Sultana Slice 🍏	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🍷 Served with Potato Wedges	Sweet and Sour Chicken 🍷 🍷 🍷 Served with Wholegrain Rice	Roast Turkey 🍷 🍷 Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍷 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetarian Cottage Pie 🌱 🍷 Served with Gravy	Macaroni Cheese 🌱	Cheesy Leek and Carrot Crumble 🌱 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷 🌱 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
DESSERT	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍏	Crunchy Chocolate Biscuit	Vanilla Sponge with Custard	Carrot Cake 🍏	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04, 06/05 27/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Sausages served with Mash and gravy	Roast Turkey 🌱 Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱 🐟 🌾 Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌱 🌾 🌾 Served with Wholegrain Rice	Vegetarian Suasges served with Mash and gravy	Sweet Potato and Chickpea Roast 🌱 🌾 Served with Roast Potatoes and Gravy	Caribbean Chickpea Coconut Curry 🌱 🌾 🌾 Served with Wholegrain Rice	Crispy Quorn Nuggets 🌱 Served with Chips
DESSERT	Jacket Potatoes 🌱 🌾 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌾 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌾 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌾 with a choice of hot and cold fillings	Jacket Potatoes 🌱 🌾 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly	Orange Drizzle with Fruit 🌱	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🌱 Fruity! 🌱 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.